

# Mental Health Support Services

Dear Parents and Guardians,

Sebastopol Independent Charter School is deeply committed to supporting the mental health development of its students.

For those students you believe may be in need of counseling services please contact Jeff Lough, our school psychologist and Student Support Services Director, directly at 707-824-9700 or [jlough@sebastopolcharter.org](mailto:jlough@sebastopolcharter.org).

Additionally, you must complete a **counseling referral form** located in the main office and return it to your child's teacher or in the office. You will receive a phone call back regarding your referral within 2 business days. **DO NOT use the counseling referral process if you feel your child is in immediate danger or is having a mental health crisis.**

When making a referral, please be aware of the following:

- School-based counseling occurs on campus with one of our 2 counselors during the regular school day. School-based counseling is not meant to be long-term and is initiated *as a supplemental support to the student's educational program*.
- A counselor may see a student either as a self-referral or in a "crisis situation" *one time without* prior parent/guardian permission. Should additional counseling be deemed appropriate, a permission form must be signed by the parent/guardian.
- Signed permission forms are only valid for the school year in which they were signed.

Based on the student or family's needs it may be recommended that you seek mental health services outside of school. An abbreviated counseling resource list is with this letter. Please note that Sebastopol Independent Charter School does not endorse any one counselor or mental health agency. Parents/Guardians are encouraged to seek mental health professionals that meet their individual needs and financial situations.

Please do not hesitate to contact me directly with any questions you may have.

Sincerely,

Chris Topham  
Executive Director

# Sebastopol Charter School

## Medical Services

### Integrative and Anthroposophical (Waldorf) Medical Doctor:

**Dr. Daci (Daciana Iancu M.D.)**

632 Petaluma Ave, Sebastopol, CA 95472

Tel # 707-295-3755 Fax # 707-827-8382

### Biodynamic Osteopathic Doctor:

**Dr. Jennifer Weiss, Osteopathic Physician**

1212 Farmers Lane Suite 3, Santa Rosa, CA 95408

Tel # 707-829-9788

Osteopathicphysician.net

## Counseling Referrals

### Santa Rosa:

#### Sliding Scale Clinics:

#### **Social Advocates For Youth (SAY)**

Address: 3440 Airway Dr. (707) 544-3299

#### **Support Our Students**

319 S E St • (707) 284-3444

#### **Family Service Agency**

751 Lombardi Ct (707) 545-4551

#### **Lomi School Foundation and Psychotherapy Clinic**

534 B Street

Santa Rosa, CA 95401 (707) 579-0465

**Relationship Center for Change**

884 3rd Street Suite A (lower floor)

Santa Rosa, CA 95404-4567 **(707) 523-8009**

**Treatment Center for Eating Disorders:**

**Full Heart Treatment Center**

606 Beaver Street

Santa Rosa, CA 95404

707-544-5717

**Community Group**

Wednesdays 6:30-7:30pm

Open to anyone with disordered eating

Free for all to attend

**Private Practice: (May take medical or insurance)**

**Lisa Rohe, PSY.D**

**Teen Therapy**

1008 Fifth St

Santa Rosa, CA 95404

**707-849-8324**

Sonomateentherapy.com

**Erica Lindstrom-Dake, MFTI (worked at Credo as a counselor for one year)**

**Family and Teen Therapy**

2460 West 3rd Street, Suite 230

707-477-1724

**Mark Falls, PhD**

**Teens and Addiction Therapy**

1160 N Dutton Ave

Santa Rosa, CA 95401

707-525-9300

**Sebastopol:**

**Private Practice:**

**Vanessa Eyen, MFT**

**Child and Teen Therapy**

**707-888-3239**

**Naturebasedcounseling.com**

**Sharon Sigler AMFT**  
**Charter School Mom**  
**Naturebasedcounseling.com**  
**7765 Healdsburg Ave**  
**Sebastopol, CA**

**Takes insurance and medi-cal:**

**Vanessa Eyen, LMFT**  
**Accepting Medical in October 2019**  
7765 Healdsburg Ave, Suite 13  
Naturebasedtherapy.com  
707-861-8555

**Bob Leopard, LMFT**  
7765 Healdsburg Ave Suite 13  
415-250-6814

**Sara Cicero, LMFT**  
[www.saracicero.com](http://www.saracicero.com)  
707-540-3601  
Offices in Sebastopol

**Tonya Stoddard, LCSW, Threefold Counseling**  
**Anthroposophically (Waldorf) Informed Counseling**  
[www.threefoldcounseling.com](http://www.threefoldcounseling.com)  
632 Petaluma Ave, Sebastopol, CA 95472  
Tel # 707-295-3755

**Anne Gibson,**  
Marriage & Family Therapist, MA, LMFT  
Past SCS Waldorf parent  
707--820-2104

**Maggie Self, MFT**  
7765 Healdsburg Avenue  
Suite 13  
Sebastopol, California 95472  
Maggiroseself.com  
(707) 419-3445

**Rima Roberts, LMFT**  
[rimarobertsmft.com](http://rimarobertsmft.com)  
7765 Healdsburg Ave  
Sebastopol, Ca 95472  
[707-634-4778](tel:707-634-4778)

**Adrine Prichard, PhD**  
**Charter School Mom**  
Sebastopol, California 95472  
(707) 329-3929

**Telehealth:**

**Elizabeth Sockolov, AMFT**  
[Elizabeth@OneMindTherapy.com](mailto:Elizabeth@OneMindTherapy.com)  
(707) 780-3003  
2 year internship at Credo High School  
Offering video chat or phone sessions  
Specializes in working with teens and substance use disorders

**Vanessa Eyen, LMFT**  
Online and outdoor sessions available  
Naturebasedtherapy.com  
707-861-8555

**Rohnert Park:**

**Patricia Yardley**  
[pyardley1@comcast.net](mailto:pyardley1@comcast.net)  
[707-322-8528](tel:707-322-8528)

**Petaluma:**

**Sliding Scale Clinics:**

**Petaluma Counseling Center**

855 Lakeville St., Suite 108 707-782-1222  
[contact@petalumacounseling.com](mailto:contact@petalumacounseling.com)

**Petaluma People Services Center**

(707) 765-8488  
[admin@petalumapeople.org](mailto:admin@petalumapeople.org)

**Hope Counseling Petaluma**

941 B Street  
(707) 763-9484

**Other Clinics:**

**Petaluma Family Therapy**

405 East D Street, Suite 105  
Petaluma, CA 94952  
[www.petalumafamilytherapy.com](http://www.petalumafamilytherapy.com)  
707-772-5085

**Private Practice: (may take insurance or medical)**

**Dyer Passano Manning**

320 Western Ave  
Petaluma, CA  
(415) 323-0989

**Sonoma:**

**Katherine Hargit, PsyD (Sonoma) former Waldorf teacher**

707-235-8488