

BREAKFAST

DECEMBER



SEBASTOPOL CHARTER
A Public Waldorf School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Cereal Extravaganza! 1
Benefit Bar or Cereal Variety 4	French Toast Stick or Cereal 5	Banana Bread or Cereal Variety 6	Hot Oatmeal or Cereal Variety 7	Cereal Extravaganza! 8
Benefit Bar or Cereal Variety 11	Muffin Bars or Hot Oatmeal 12	Sausage, Cheese English Muffin or Cereal Variety 13	French Toast Stick or Cereal 14	Cereal Extravaganza! 15
Benefit Bar or Cereal Variety 18	Cinnamon Rolls or Cereal Variety 19	Breakfast Burritos or Cereal Variety 20	Waffles or Cereal Variety 21	Cereal Extravaganza! 22

YOUR CHOICE OF ENTRÉE ITEMS FROM ABOVE ADD A FRUIT
FRESH FRUIT AND JUICE OFFERED DAILY AND NON-FAT & 1% WHITE
OFFER VS SERVE: STUDENTS MUST CHOOSE 3 OUT OF THE 5 COMPONENTS, INCLUDING A 1/2 CUP FRUIT OR VEGETABLE
PLEASE CONTACT (707) 824-2338 FOOD SERVICES ALLERGEN REPORT AND MEDICAL STATEMENT MEAL ACCOMMODATION FORM
MENU ITEMS MAY BE SUBSTITUTED

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